

STAR quality

Want your 15 minutes of fame this fall? Here's how to strike a confident pose with red-carpet beauty secrets from Hollywood's hottest leading ladies.



Natural Beauty

She may be Hollywood's golden girl, but she could also be the girl next door. Here's how Kate Hudson maintains her sunny, 360-degree beauty ethos.

BY AYA MCMILLAN

IN THE TAXONOMY of Hollywood starlets, Kate Hudson, 33, has checked the box for the following roles: Hollywood royalty, rock 'n' roll wife, earth mother and America's sweetheart of light comedic fare. While the Oscar-nominated actress may be settling down in her personal life (to wit: her engagement to Brit rocker Matthew Bellamy, with whom she welcomed son Bingham last year, while raising eight-year-old son Ryder from a previous marriage), she's also focused on taking on more unexpected parts. There's her forthcoming film, a thriller, *The Reluctant Fundamentalist*. There's her new gig as the spokeswoman for Ann Taylor. And there's her long-running role as global ambassador for Almay cosmetics. Here, Hudson takes time out to talk beauty, boys and maintaining that famous physique.

You always look great on the red carpet. When do you feel most beautiful?

"It sounds pretty corny, but it's when I'm with my kids and family. It's fun to get all dressed up for events, but you do always have those moments when you're standing out there thinking, 'Is this a see-through dress? Is there lipstick on my teeth?' So you never really feel completely at ease."

How has your beauty regimen changed since you had a baby?

"I'm so careful about [his] skin and what's going to irritate it. I usually wear his sunscreen and moisturizer. That way I'm not worried about him having any reaction."

You spoke recently about landing on the worst-dressed list for the 2001 Oscars—where you wore a Stella McCartney dress—and referenced your hairstyle. Any other regrets?

"It's definitely not a regret because out of that came this amazing friendship [with Stella]. I remember we laughed so hard the next day. I wouldn't make funny movies if I couldn't make fun of myself—that's just how I was raised. I haven't really regretted anything."

Is there anything you never eat or have cut from your diet?

"I think if you look at your life as a constant diet, you're prohibiting yourself from living. If I go to a restaurant and eat everything, then I know the next couple of days I'm

going to stick to greens and clean stuff. I just love food. I'm not going to deprive myself, but I am going to be conscious of my health."

What do you hope to accomplish by the time you're 40?

"So much! I definitely want a girl, so I'm going to keep going until I have one. It's my dream to build a house. But actually, my real dream is to build a boutique hotel in Paris or London. I would definitely like to write a script, direct a film and do an animated film. And I would love to be a badass superhero so that my son would think I'm cool."

Ace Kate's carefree canvas with her fave beauty picks:

Almay Makeup Eraser Sticks, \$8
"I take these everywhere. They're the best!"

Bobbi Brown Lip Gloss (available at Murale), \$27
"I always go back to these because they stay on really well."

Almay Wake-Up Blush + Highlighter in Rose, \$12
"It's super easy to use. In one sweep, you can accentuate your cheeks."

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