

GADGETS-A-GO-GO

Minimize prep and enjoy more time for summer dining with these ingenious step-saving tools.

BY AYA MCMILLAN



Clever Combo

Cut, transfer, scrape and measure with this handy tool made of collapsible plastic and stainless steel. **Chef'n Sleek Scrape Spatula**, \$22, available at williams-sonoma.ca.

Perfect Mix

Measure and stir with just one tool—less mess, less fuss. **Portion Measure & Mix Cooking Spoon**, \$9, available at quirky.com.



Advanced Skillet

Heat food quickly, evenly and safely in this nonstick skillet made from recycled materials with a nontoxic mineral-based coating. **Greenpan Skillet**, \$52, available at westelm.com.



Super Slicer

Create fresh-fruit salads in seconds with this dishwasher-safe tool. **Everyday Essentials Melon Slicer**, \$9, available at select Loblaws stores and Real Canadian Superstore.

Press-Worthy

Crush multiple cloves of garlic at once, no cutting or peeling first. Bonus: it has a built-in self-cleaning scraper. **Dreamfarm Garject Garlic Press**, \$35, available at specialty kitchen stores across Canada.



Fabulous Fryer

Indulge in your favourite deep-fried treats with a fraction of the fat. It may sound too good to be true, but this fryer needs just one tablespoon of oil to make two pounds of french fries! **Hammacher Schlemmer The Healthiest Deep Fryer**, \$300, available at hammacher.com.

Simply Sizzling

Rack up rows of kebabs or use this natural-material surface to grill meat or veggies in a flash. **Emile Henry Ceramic Kabob Grill**, \$80, available at specialty kitchen stores across Canada.



Photography, Ryan Brook (spatula, melon slicer).

Photography, Steve Wilkie (Samantha Bee), courtesy of Fatty Group, LLC (Arctic chair, Corwin Kaye).

FRESH JUICE

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Ginger Coconut Salmon, p 42

PLUS

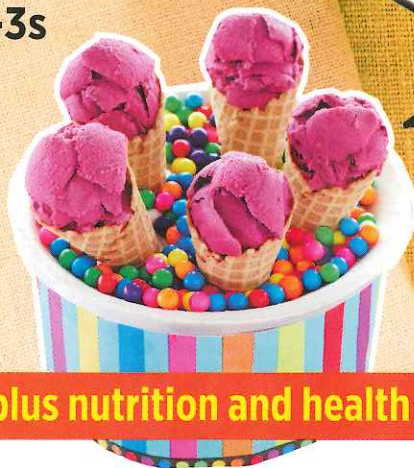
Eat like an Olympian
Guide to Omega-3s
Baby Food 101

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SUMMER IN A BOWL!

Vibrant Dandelion Shrimp Salad, p 51



CHILL, BABY!
This frozen yogurt is berry, berry good!

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